

## OBAN COMMON GOOD FUND GRANT – END OF PROJECT MONITORING REPORT 2014/2015

The Common Good Fund needs to account for all funding allocated, and therefore request that you complete all sections of this form.

**Name of Organisation:** Oban Youth Café

**Contact Details:** Kirsty McLuckie -01631 567399 [kirsty.obanyouthcafe@hotmail.co.uk](mailto:kirsty.obanyouthcafe@hotmail.co.uk)

**Project Funding:** Towards Running Costs

**Grant Allocation:** £2000

### 1. Finance (Please provide a full breakdown of all costs)

| Description (from original grant application)   | Project Costs | Actual Costs |
|---|---------------|--------------|
| Rent & Premises Cost  | £13870        | £13870       |
| Staffing Costs, including PAYE fees (Staffs hours were cut due to shortfall in funding) | £80770        | £67190       |
| Accountancy Fees  | £1200         | £1020        |
| Staff & Volunteer Training & Expenses   | £4000         | £1023        |
| Basic Activity, Food & Equipment Budget   | £3000         | £3000        |
| TOTAL   | £102,840      | £86,103      |

### 2. Match Funding (Please provide details of any match funding received)

We received funding from a variety of sources below is the one we used to match the £2000 OCGF Grant.

| Grant Scheme  | Description           | Amount |
|---|-----------------------|--------|
| Lloyds TSB Foundation for Scotland – Henry Duncan Award | Towards Running Costs | £5000  |

### 3. Did you meet the aims of the project – please give details?

From 1st October 2014 - 30th September 2015 we worked with 103 young people and provided:-

- 185 Drop-ins (an average of 4 per week).
- 2 youth café youth workers helped staff Freestyle Friday, every Friday in Term-time\*
- A Nurture Group for vulnerable girls age 13 & 14.\*\* (please see section below)
- 2 short residentials
- 1 evening trip
- A Climate Change Project with Oban Cinema, 3 workshops provided
- 1 Pop up coffee shop, planned and hosted by young people.
- Summer Sensations, Annual Event for children transitioning to High School. \*\*\* (please see section below)
- OYC youth workers have a regular presence in the high school, having conversations in break and lunch times.

\* Freestyle Friday is a weekly provision for S1/2s run by Atlantis Leisure, the local sports

centre. It is busier in the winter months with numbers sometimes reaching 100+ young people per session. The youth cafe sends two members of staff every Friday evening in term-time. Activities include football badminton, gym, climbing cube, crafts, chillout zone & rugby. Numbers: 40 sessions a year, attended by 140 different young people, with an average of 90 week. (Please note we only add 15% of this number to our overall numbers stated in Section 2, because we don't work with all the young people who attend).

**\*\* Girls Nurture Group, in partnership with Oban High School:** We worked with 10 girls experiencing anxiety, confidence and self-esteem related problems, over 11 weeks. Using arts and crafts, we looked at self-esteem, strategies for dealing with anxiety and confidence building.

**\*\*\*** Every year we are involved in Summer Sensations, which is a two day multi-agency event for children who are just about to start High School or P7, helping young people with the transition from Primary to Secondary school. Summer Sensations offers a huge range of activities e.g. outward bound activities, all kind of sports, arts and crafts, with the main aim being for young people to make friends and try new activities. Numbers: Event attended by 95 young people, with 38 attending youth café drop-in taster session at youth café (please note we don't add these numbers into our overall numbers stated in section 2, because we only see them once in the year)

#### 4. What difference did your project make?

##### **The differences we aimed to make were:-**

1. Young people have increased positive interactions with peers.
2. Young people have increased confidence.
3. Young people have an increased awareness of how to be healthy

##### **The sources of Evidence we used to check that we met these outcomes were:-**

- Survey Monkey
- Record of activities young people have participated in
- Staff Observations
- Quotes from the young people

##### **Presenting the Evidence**

##### **Survey Monkey Results (11 young people responded to our Survey Monkey)**

- I have tried new activities at the youth café: 100%
- I am now willing to try new things elsewhere: 81.82%
- I found that I am good at something I never thought I could do before: 100%
- I feel more confident to try new activities at the youth café: 100%
- Have you made new friends since coming to the Youth Café 81.82%
- Has OYC helped you think about the way you talk to other people 63.64%
- Have you made new friends since coming to the Youth Café 81.82%
- Has OYC helped you think about the way you talk to other people 63.64%

##### **Record of Activities that young people have participated in:-**

- 9 young people helped run and organise a pop up coffee shop in OYC
- 5 young people ran the stall for the towns charities day
- 65 young people have tried cooking something in OYC
- 18 young people have taken part in a music workshop
- 25 young people have tried playing pool and 3 have now joined the pool league
- 12 young people took part in a recycling workshop
- 11 young people took part in a wall art project
- 5 young people promoted the Oban Youth Café on the radio
- 2 young people represented Scotland playing pool at the European championships - Youth Café worked alongside the young people to raise funds
- 10 girls participated in a Nurture group, which was set up to address issues such as low self-esteem, low confidence and anxiety.
- 30 different young people from the S1-S2 group have regularly taken part in healthy cooking.
- 10 young people aged 16-18 said that speaking to OYC staff has helped them with their decision making when it comes to alcohol and substance misuse.
- 6 young people who would not normally have done a High wire course challenged themselves to complete it.
- 4 of the people who came camping with us had never been camping before and were not keen on going at first. These 4 young people gave feedback and said that they really enjoyed being outside and would do it again.
- 3 young people who started playing pool in the Youth Café have now joined the local pool league.

#### **Youth Café Staff Observations**

- 45 young people tried new things at the OYC.
- 45 young people would try something new elsewhere.
- 10 girls were challenged on and thought about the affects social media has on their well-being
- 39 young people managing relationships better with their peers
- 30 young people from S1/S2 group have developed new friendships.
- 10 young girls have worked towards dealing with peer relationships more positively
- Young people have started to ask more questions around different behaviours
- Young people recognising when they are getting bullied
- Staff have noted huge improvements in the way they behave towards one another after the trips
- 10 young people's anxiety issues were reduced through taking part in a nurture group
- 40 Young people are more likely to cook healthy meals now
- 10 young people are more open to going away on residential which include outward bound activities

#### **Comments from young people, teachers and parents**

- Boy aged 12 when asked what his favourite thing about OYC was "meeting my friends and making new ones"
- Girl age 13 talking about the girls group "When I get anxious at school I just get the beads

I made in the Nurture Group and I remember what we did in that group and it totally chills me out!"

- Guidance Teacher, "The girls who have been attending the youth café group have been presenting at guidance in distress considerably less since it started"
- Parent of 13 year old, "He just loves the place, he has made new friends. There is just nothing for him where we live and being able to walk up after school is so convenient. He is so much happier"
- Young boy aged 14 "Cooking is my favourite thing in the Youth Café, it's really fun"
- Young boy aged 13" High wire and Wigwams was brilliant, I didn't think I would have liked it but I did and want to do it again"
- Girl aged 12 "I loved the Wigwams, they were really cool, and camping isn't as bad as I thought it would be"
- Girl aged 12 "I like going away with the Youth Café because we go out and do stuff and it's really fun"

### 5. Key Learning Points

We have noticed that the way young people engage with us is changing, young people seem to be hanging about the streets less and are less likely to drop-in to the youth café, but we know from the school that young people are feeling more isolated even though they are connecting more than ever with their peers through social media. Therefore, this year we have been more proactive going more than ever into the community to find young people, rather than expecting that they'll drop-in. We have always worked with Atlantis Leisure and Oban High School, however we have increased the time we spend in the school during school breaks and lunchtimes and we have also run a nurture group in partnership with the school for girls struggling with a range of issues affecting their well-being. In the future, we are exploring the possibility of meeting with young people on their journeys home on the train and buses. Additionally, we have meet with the social work team and they are keen to refer young people to us for befriending and group work.

### 6. Do you have any comments to help us improve the grant process

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|--------------------------------|--------------------------------|
| Signature:                     | K. McLuckie (e-signature)      |
| Print Name                     | Kirsty McLuckie                |
| Position held in organisation: | Project Coordinator            |
| Date:                          | 12 <sup>th</sup> November 2015 |

### PLEASE GIVE BREAKDOWN IN TERMS OF AGE AND GENDER

|   | MALE | FEMALE | 0-4 | 5-9 | 10-16 | 17-24 | 25-64 | 65+ |
|---|------|--------|-----|-----|-------|-------|-------|-----|
| HOW MANY PEOPLE BENEFITED FROM THE GRANT? |      |        |     |     | 103   |       |       |     |

### PLEASE RETURN THE COMPLETED FORM TO:

Oban Common Good Fund - Danielle Finlay, Senior Area Committee Assistant, Argyll and Bute Council, Municipal Buildings, Albany Street, Oban, PA34 4AW. Email: [danielle.finlay@argyll-bute.gov.uk](mailto:danielle.finlay@argyll-bute.gov.uk).